

How To Get Your Ex Back - Learn Mistakes of Your Love Life

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Wednesday, 12 September 2007
Last Updated Wednesday, 10 October 2007

How to get your ex back is most common question after breakup but one of main mistakes most people do is not learning from their mistakes. First thing that comes to mind after hearing those "I need some space", "Can we be just friends?" and many other variations of how our beloved ones decide to breakup with us is usually "Why does this keep happening to me" or "What have I done wrong again?".

If this is something you have ever experienced then I have great news for you. There is a way to stop such situations happening again and if done correctly even get your ex back. Possibly even any of those ex lovers that rejected you at some point and you might just need to decide which one best choice. In most cases you will favor most recent romance partner which is quite obvious choice but let me tell you that chances are much greater if you try someone who you haven't seen for a while and those negative feelings you ex had at the time of breakup might be forgotten already and proper approach could lead you back in very good relationship.

But before understanding how to get your ex back first you need to understand why this keeps happening to you and what to do about this. Here are few things that you should avoid doing if you are trying to get your ex back on your own or by advice of your friends:

1. No begging - Don't even think about this one and it includes trying to call or any contact at all. Right now your presence for your ex will just decrease your chances of restoring a relationship and especially begging will be turning off even more that will kill any future chances for getting ex back.
2. No promises about changing - This might seem the obvious solution at first to ask your ex what exactly went wrong and promise that you will not be doing that anymore but in reality even discussing this will make things worse let alone solving the problem. Actually such behaviour will make your value as lover even lower in eyes of your ex.
3. No ultimatums - This possibly could be the worst mistake usually done before the breakup if you engage your ex and give an ultimatum like choose me or that other thing you are so obsessed with because of which you don't have time for me anymore. If at this point your ex didn't yet have courage to breakup with you then this is perfect reason to just do it and make your chances of fixing things miserable.

There are many more ways and reasons that you can recognize and use to learn how to get your ex back and it doesn't matter if it's your girlfriend you recently lost or your boyfriend that possibly found new person more interesting than you.

What I found very helpful was "Win Back Love" ebook that I found on the internet. It also included checklist of possible reasons why relationships go wrong to help analyzing my breakup reasons, how to plan my comeback and prevent any future situations that might cause another breakup.

Visit "Win Back Love" to learn more about how to get Your ex back and get a free mini-course on biggest breakup mistakes!